

ACCESS ADVENTURES PACKING LIST

*This form to be filled out prior to intake day

Melwood Recreation Center

9035 Ironsides Rd. Nanjemoy, MD 20662
Phone 301-870-3226 • Fax 301-870-2620

Traveler Name _____ Date _____

- ⊙ Note: This is a standard form and not trip specific. Please check the weather & pack accordingly!
- ⊙ Access Adventures is not responsible for lost, stolen, or stained items.
- ⊙ During trips, we will only be doing Emergency Traveler Laundry – please pack extra changes of clothing
- ⊙ Please ensure ample personal care items have been packed. There will be an additional charge if Melwood staff needs to purchase extra necessities for the traveler.
- ⊙ Please pack belongings in suitcases, duffel bags, totes, etc., that are in good working condition and are clearly labeled. Please do not use plastic shopping/garbage bags; as they tend to break and can cause items to get misplaced easily.

Traveler		Travel Staff		Item List	Traveler		Travel Staff		Item List
# Brought	# On Trip	# Packed	# Brought		# On Trip	# Packed			
				Suitcase/Bag				Brush or Comb	
				Underwear				Toothbrush	
				Socks				Toothpaste	
				Bras				Soap	
				Under Shirts				Shampoo	
				Pajamas				Deodorant	
				Short Sleeved Shirts				Sanitary Napkins	
				Long Sleeved Shirts				Pull Ups/Depends	
				Shorts/Skirts				Waterproof Cover (for Depends)	
				Pants				Laundry Bag	
				One 'Formal Dinner' Outfit				Rain Gear	
				2 Bathing Suits				Hat/Scarf/Gloves	
				Sweatshirt				Bug Spray	
				Jacket				Suntan Lotion	
				One Pair Closed Toe Shoes				Flashlight/batteries	
				Additional Shoes				Disposable Camera	
				Shoes for Pool				Dirty clothes bag	

Adaptive Equipment – Notes:

Additional Items Brought: